

PE Department News.

Summer Term

The summer term will, as always, be a very busy term for PE and Games. PE lessons will focus on athletics events, where we will begin to select students to represent the school at the ISA athletics events, with games lessons having more focus on cricket for all students across the school. As well as these two areas, there will be the opportunity to play some volleyball, tennis and use the school's swimming pool as the weather improves.

Over the duration of the summer term, in both games afternoons and PE lessons, the kit expectation is the same: White Bowbrook polo tops, Blue shorts for boys and maroon skorts for the girls, white socks and trainers. Students may have the navy hoody with them in case the temperature drops. As the weather gets increasingly warmer over the summer, it is advisable for students to have their own sun cream to wear and the Bowbrook cap, especially for games afternoons where more time is spent outside. Specialist equipment for cricket is supplied by the school however an individual box is advisable and if you have your own pads and bat, you are more than welcome to bring them in but, please remember these are students own responsibility. As the opportunity arises to go swimming, please bring in with you a swimming costume and your own towel to each lesson. Students are more than welcome to bring in their own tennis racquets for each lesson as well.

The clubs and activities list will be beginning next week. Please encourage all students to participate in a club or activity that is offered to them by their teachers. There has been a pleasing number of students participating in something extra-curricular and we would like all students, at some point, to have accessed something extra throughout the year.

Upcoming Fixtures:

Students should check the PE notice board to see if they are involved in fixtures.

Tuesday 21st April 2026
Friday 24th April 2026

ISA Midlands U15's Football @ Stafford Grammar
KS1 Multi Cricket Skills @ Bowbrook

Congratulations to 2 National ISA Winners! Sports Cover designs by Maria Parkes (cross country) and Rosie Styles (swimming) for their winning designs which will now be printed as cover designs for the National events later this year.

