

PE Department News.

U11's Netball vs Holy Redeemer (H)

The U11s kicked off the second half of the netball season with great enthusiasm as they took on Holy Redeemer in a series of competitive fixtures. It was a valuable opportunity for the pupils to put into practice the skills and strategies they learned last half term, and every player showed real effort, energy, and determination throughout the afternoon.

Our U11 squad was divided into three teams—Bowbrook Greens, Bowbrook Blues, and Bowbrook Pinks—each facing Holy Redeemer in well-contested matches. The results were as follows:

Bowbrook Greens narrowly missed out against Holy Redeemer
Player of the Match: Ariel

Bowbrook Blues also put up a spirited performance but were edged out
Player of the Match: Francesca

Bowbrook Pinks battled hard in their fixture, showing excellent teamwork
Player of the Match: Sienna

In their second match, Bowbrook Blues earned a well-deserved draw against Holy Redeemer
Player of the Match: Olivia W

Despite some tough results, the afternoon was full of resilience, learning, and positive play. Everyone represented the school brilliantly, and the recognition of our four Players of the Match highlights just how much individual effort and improvement was on display.



U13's Football vs Bredon (H)

Bowbrook's U13s produced a dominant and free-flowing performance in their home fixture against Bredon. The team started with real intent, moving the ball confidently and creating early chances. It didn't take long for the breakthrough to come: Will R opened the scoring with a composed finish after sustained pressure.

Momentum continued to build, and Bowbrook soon doubled their lead through Luke D, who calmly slotted home after a well-worked passage of play.

Just before the interval, George H added a third, giving Bowbrook a strong 3–0 advantage at half-time.

The second half followed a similar pattern. George H struck again to extend the lead, before Noah N added Bowbrook's fifth with a sharp finish. Luke D then grabbed his second of the game, followed shortly after by another goal from Noah N, capping an excellent attacking display.

The match concluded with an unfortunate own goal by Bredon, bringing the final tally to a convincing Bowbrook win. It was an excellent all-round team performance, showcasing creativity, teamwork, and clinical finishing from start to finish.

U9's Netball vs Heathfield & MSJ (H)

On Tuesday, our U9 team enjoyed a wonderful triangular netball fixture against Heathfield School and Malvern St James, played in glorious sunshine that made for a perfect afternoon of sport. This was an exciting opportunity for our Year 3 and Year 4 pupils to put into practice the skills they've been developing over the last half term, taking to the court for a series of lively 5-a-side matches.

The children approached each game with enthusiasm, determination, and a fantastic team spirit. It was a pleasure to see their confidence grow as their understanding of the game developed throughout the afternoon. Whether dodging, defending, or shooting, every player contributed brilliantly.

A huge well done to all who took part, and a special congratulations to Emily, Elliott, Ben, and Eritrea, who were each voted Players of the Match by our opponents—a lovely recognition of their hard work and positive play.

ISA Midlands U13's Netball @ The Kingsley School

The U13 Netball team participated in the ISA Midlands Netball Tournament at Kingsley School Leamington Spa on Wednesday. The Tournament was blessed with very good weather, which was a change from last half terms netball weather.

The team had a tough draw in their morning rounds finishing fourth runners up, placing them into a large afternoon pool of matches for more game experience against similar ability netball teams.

Afternoon results;

Bowbrook Vs Highclare- Win 11-2

Bowbrook Vs Arnold Lodge- loss 1-12

Bowbrook Vs Priory School- Win 0-6



Bowbrook Vs Heathfield School- Win 3-2

Bowbrook Vs Dixie Grammar- Loss 4-8

The team very much enjoyed their opportunity to play lots of netball with some of the team playing all eight matches during the day.

Well done all for representing Bowbrook with great team work and enthusiasm!

U16's Football vs Heathfield (A)

The U16s travelled to Heathfield for what proved to be a highly physical and competitive encounter. Bowbrook settled well and showed strong determination in the early stages. Their hard work was rewarded when Ollie H rose superbly to meet a well-delivered cross, heading home to give Bowbrook a 1–0 lead.

Heathfield responded before the break, capitalising on a loose ball to level the score. With the match finely poised at half-time, the second half demanded resilience and discipline from Bowbrook.

Despite a committed defensive effort, Heathfield applied sustained pressure and managed to edge ahead. As Bowbrook pushed forward in search of an equaliser, Heathfield exploited the space and added three more goals, eventually running out 4–1 winners.

Although the final scoreline was tough, Bowbrook showed real character throughout the match, with notable determination from the defence and several strong saves from Tom R despite Heathfield's attacking intensity.

U14's Football vs Kingham Hill (H)

Bowbrook's U14s delivered a confident and commanding performance on home turf this week, securing an impressive 6–0 win against Kingham Hill.

The match began with Bowbrook on the front foot, applying pressure early and forcing Kingham Hill into defensive errors. Their persistence paid off when a handball in the box earned Bowbrook a penalty. James L stepped up with composure and calmly slotted the ball home to open the scoring. Momentum stayed firmly with Bowbrook. Pasquale B showcased excellent positioning and finishing ability, striking twice in quick succession to extend the lead. The hosts continued to play fluid, attacking football, and further goals followed from Luke D, Charlie B, and Alfie B, giving Bowbrook an emphatic lead heading into the break.

Kingham Hill emerged with renewed determination in the second half, pressing higher and challenging Bowbrook's back line more aggressively. They were handed a possible route back into the game when a handball by Bowbrook's Freddie C resulted in a penalty.

However, luck—and perhaps a touch of pressure—was not on Kingham's side. The penalty taker fired his effort against the crossbar, denying them their best chance of the match.

Full-Time: Bowbrook 6 – 0 Kingham Hill

Despite a more competitive second half, Bowbrook's dominant first-half performance ensured a comfortable and well-deserved victory. The team displayed excellent attacking flair, teamwork, and resilience throughout. A superb result and a confident display all round—well done to the U14 squad!

U12's & U13's Netball vs RGS Dodderhill (H)

A packed week of netball fixtures was rounded off on Thursday with a return to the classic "British weather" sporting experience—a very soggy afternoon on court! Despite the challenging conditions, our U12 and U13 teams rose to the occasion as they faced RGS Dodderhill.

The U12s demonstrated fantastic teamwork and determination, securing a well-deserved 4–1 victory. Their ability to stay focused and adapt to the slippery conditions was impressive.

The U13s also put in a spirited performance, competing fiercely throughout a fast-paced and closely contested match. Although they were narrowly defeated 6–9, the team showed real resilience and skill.

A huge well done to all the girls who played, and special congratulations to Olivia W, Jemimah, and Ayla, who were each voted Players of the Match by the opposition—a brilliant recognition of their efforts and sportsmanship.

Upcoming Fixtures – Team sheets will have been sent home via engage and are displayed outside of the school hall. Please check the details and contact Mr Swain if there are any questions.

Monday 2nd March 2026

Tuesday 3rd March 2026

Wednesday 4th March 2026

Thursday 5th March 2026

U11's Netball vs Bredon (H)

U11's Football vs Tettenhall (A)

U16's Netball vs RGS (H)

U15's Netball vs RGS (H)

U16's Football vs Lucton (H)

GCSE Netball Moderation

U13's Football vs St Edwards (A)

U12 & 13 Netball vs Heathfield (H)