

PE Department News.

Skiing News

At the weekend Isla S and Cameron J travelled to Swadlincote for the last dry slope race of the year.

The UK schools outdoor championship to represent Bowbrook House School. They both skied really well, getting PB times with Cameron coming 2nd 🥈 in the u19 category and Isla 🥉 3rd in the U16 category,

They have both had a fantastic summer of racing, representing school and individually for their clubs- bringing their points down considerably- leaving them both in strong positions next year in their age groups. Well done to both Isla and Cameron!



U11's Hockey vs Bredon & Heathfield (H)

For the final U11 Hockey fixture of the season we hosted a triangular against Bredon and Heathfield Schools here at Bowbrook. A fitting finale to a busy hockey season, with much experience and knowledge gained throughout.

The Pink team first took on Bredon mixed team in a tough first round, the Bredon team brought much speed and which confident attacking, despite our teams efforts in defence Bredon scored a number of goals. Next the Yellow team took on Bredon, with a good start in defence stopping numerous attempts at goal, but soon Bredon found their way through again.



U11's Tag Rugby vs Holy Redeemer

On Tuesday the U11's took on Holy Redeemer in their last inter-school fixture of the year. Fresh from participating in some contact matches the year 6 boys prepared well for a Tag game and were quickly brought back to the speed of tag at kick off.

As the game progressed, both teams battled continuously against each other scoring try after try in an open, fast paced game. Bowbrook did well to challenge Holy Redeemer by trapping their players to grab tags and managed

to get to six tags on 3 occasions through the game. Transitioning from contact to Tag was also on the players minds as if the team couldn't grab a tag from a player, they would stop the player to get the tag.

In attack, the Bowbrook team supported each other well with tight running lines and quick offloading meant the team scored many of their tries on the second or third tag of the set. To develop the game further, the pitch extended and the numbers on the pitch increased to 10 and this allowed both teams to play a much more expansive game and each team ran hard lines at each other. The game finished in a very high scoring draw, and everyone should be very proud of how they represented themselves and the school.

U14's Rugby vs Bredon (H)

The U14's took to the field on Thursday to play against Bredon for the second time this term. Bredon won the toss before kick off and Bowbrook started with Alfie putting the ball deep into Bredon's half which was knocked on and momentum started in Bowbrook's favour.

The match started promisingly with Bowbrook spending a long time in the Bredon 22m but the power and physicality of Bredon proved to be too much and as the first half went on, the team struggled to keep momentum with the size and power of Bredon proving to be too much. Half time came with the score 25-0 to Bredon and the Bowbrook team, after some reassurance, came flying into the second half.

5 minutes into the second half, Freddie scored Bowbrook's first try with pure determination to not accept being tackled, powering his way to the try line. As if this fight wasn't enough, he received the ball again quickly from the kick off and made another run up the pitch to score again. Bobby appeared next as he powered through the middle of the Bredon defence to score the third try which Alfie converted.

Tom scored next as he found a gap in the defensive line and Bobby had the last moment of the game as he capitalised on open play to intercept the Bredon ball and run in to score, which Alfie also converted. A valiant second half effort from the Bowbrook team saw the final score come in at 45-29 to Bredon. A tough physical game of rugby that had everything from the running lines of Freddie and Bobby to the physicality of James and Max. Well done to everyone who represented the school.

Upcoming Fixtures – Team sheets will have been sent home via engage and are displayed outside of the school hall. Please check the details and contact Mr Swain if there are any questions.

Monday 1st December 2025
Tuesday 2nd December 2025
Wednesday 3rd December 2025
Monday 8th December 2025
Wednesday 10th December 2025

Prep School House Rugby & Hockey
House Meetings
Middle & Senior School House Rugby & Hockey
House Cross Country
House Tug O War