

PE Department News.

ISA Midlands U12's 7 a side Rugby @ Market Bosworth

On Monday, Bowbrook U12's 7-a-side rugby team showcased determination and skill at the ISA Midlands tournament, delivering a series of spirited performances.

Game 1: Bowbrook vs St Anselm's

The opening match was a test of resilience. After trailing 12–0 at halftime, Bowbrook regrouped and fought back with grit, leveling the score to finish with a hard-earned 12–12 draw. Their second-half effort set the tone for the day.

Game 2: Bowbrook vs Stafford

Stafford brought physicality and powerful ball carriers, making this encounter a tough battle. Despite the challenge, Bowbrook stayed competitive throughout, keeping the scoreline close and proving they were never out of the fight.

Game 3: Bowbrook vs Twycross

By the third game, Bowbrook had found their rhythm. They burst out of the blocks, scoring four early tries to take control. This dominant start highlighted their attacking flair and teamwork.

Game 4: Bowbrook vs Quinton

Fatigue began to show after three intense matches, but Bowbrook gave everything in their final game. Despite their effort, Quinton's pace proved decisive, with two tries making the difference in a narrow defeat.

Across all matches, the boys displayed periods of excellent play and represented the school with pride.



The tournament was a fantastic experience for the team, who demonstrated resilience, teamwork, and sportsmanship throughout.

U11's Hockey vs Holy Redeemer (H)

All of the Under 11 girl's put in a hardworking performance against Holy Redeemer. The Green team were up first and put in a great attacking start with Meg upfront making sure to drive for the goal. With the green team defenders helping to take the sideline passes it allowed the attackers to push up resulting in a goal being scored. At the end of the quarter the score was 1-1.

Up next was the orange team who put in fantastic effort against Holy Redeemer, from the back line they had Eva and Molly making sure to clear the ball wide opening the space for

the attackers to come towards the ball and head towards goal. Even though Holy Redeemer made a direct run and scored a goal the girls didn't let their heads drop and continued to fight till the end of the game, allowing the ball to get passed through to Mabel who dribbled with the ball and scored.

The penultimate team to go against Holy Redeemer was the Yellow team, the yellow team put in for a battle. They worked well together as a team and demonstrated the correct marking skills which, the girls have been learning in their game's lessons. At the end of the match against the yellow team the final score was 5-2. Going into the final game the girls all came together and cheered on from the sideline. They battled hard making sure to keep attacking the Holy Redeemers defence, however, always making sure to get back to help the defenders if needed.

The final score for the Under 11 girls Vs Holy Redeemer was 7-2 to them. Holy Redeemer awarded Mabel and Amelia players of the match.



U13's Hockey vs Bredon (A)

The under 13 girls battled hard against Bredon. Straight off from the whistle they made sure it stand strong together and pass the ball up high. Throughout the first half of the game the girls received 3 short corners allowing them to put lots of pressure on the Bredon defence. Harper took the role of injector who passed the ball to Ayla. Violet came up out of defence to help the girls to be vocal and get the ball around the keeper. The ball came off the keepers' kit and landed wide, with a Bredon player chasing the ball they ran towards goal. They chipped the ball directly towards Willow where the ball landed in the back of the net.

The girls didn't let their heads drop and continued to fight going forward and making distance up the pitch. The work between Harper, Ayla and Jasmine worked really well allowing the ball to go towards the goal. The girls struggled to get a shot off as the goalie came out of their line and put pressure on the attack. Our defence stood strong together when the ball was cleared out the 'D' with Flo picking up the ball and making sure to get it up the pitch. Willow stepped up in goal and played for both the under 13 and under 12 match. Willow played well in goal and was vigilant on the pitch watching play. The final score was 1-0 to Bredon. The Bredon girls awarded Harper and Jasmine player of the match.

U12's Hockey vs Bredon (A)

The Under 12 girl's played against Bredon on Tuesday afternoon. The girls fought hard and worked together to protect their goal. Up front we had Holly, Olivia and Jemimah who worked well linking up passes and making clear open drives towards goal. In defence they worked well with Annabelle who made sure the ball was being blocked from getting to our goal. At the end of the first half the score was 0-0.

The girls came on the pitch after the half time whistle and was ready to battle hard against the Bredon team. During the second half of the play the girls faced a short corner where Olivia took up the role as the injector. The ball went across the 'D' to Holly who had a strike at the keeper who just kicked it wide. With the ball being turned over and it becoming a Bredon ball the attackers had to drop to help the girls in defence. The Bowbrook defence stood together strong and kept pressure on the Bredon girls. With final minutes to go the ball gets turned over to Bowbrook, and Annabelle takes a hit out. The ball travels up the pitch to the three attackers where they score a goal. The final score was 1-0 to Bowbrook and the Bredon team awarded the player of the match to Jemimah and Holly.

U16's Rugby vs Bredon (H)

The Bowbrook U16 rugby team faced Bredon on Wednesday in what was the final fixture of the season. The game began with fifteen minutes of competitive ten-a-side rugby, where both teams showed determination and physicality. After this opening spell, the sides combined and split into mixed teams, ensuring that the last match of the season was played in a positive and inclusive spirit.

Throughout the game, Bowbrook players demonstrated skill and commitment. Cameron J impressed with his ability to find gaps in the opposition defence, creating attacking opportunities and keeping the team on the front foot. Charlie R led by example, taking the physical battle to anyone in his way and driving forward with strong, direct running. George grew into the game as it progressed, increasing his physicality and carrying the ball



aggressively to score a well-deserved try. Tom R produced a standout moment when he reacted quickly to a loose ball and sprinted fifty metres to score a superb solo effort.

The fixture was played in excellent spirits, with both schools showing teamwork and sportsmanship throughout. It was a fitting way to conclude the season, and Bowbrook players can be proud of their performance and the effort they put into every phase of play.

U16's Hockey vs Bredon (A)

On a chilly Wednesday afternoon, the U16 squad returned to Bredon for their second fixture of the season. The game was played at a fast pace, with both halves showcasing competitive and determined performances from the team.

The girls demonstrated excellent attacking play, creating numerous chances and taking plenty of shots on goal. At the other end, the defence stood strong, consistently breaking down opposition attacks.

Special mention goes to the goalkeeper, whose outstanding performance ensured that every attempt on goal was kept out, securing a clean sheet for the team.

Players of the Match were awarded to Olivia S and Ellen B for their exceptional contributions on the pitch. A fantastic team effort all round – well played everyone!

U12's Rugby vs Pershore (A)

Bowbrook U12's faced Pershore High in a competitive fixture on Thursday. The game started with early pressure from Pershore, who raced into a 10–0 lead within the first few minutes. Despite this setback, Bowbrook responded superbly, showing determination and excellent phase play to move up the field and prove they were ready for a physical contest.

The first breakthrough came from Oscar B, who showed quick thinking by taking a tap penalty and catching the opposition off guard to score. Tom then demonstrated his grit and power, driving through defenders to score two tries before half-time, giving Bowbrook real momentum going into the second period.

In the second half, Bowbrook worked tirelessly to gain territory, but the bounce of the ball was not in their favour. Oscar L made several powerful runs, while Rory J produced thundering tackles to keep Pershore under pressure. Despite their efforts, Pershore managed to find space on the wing twice late in the game, snatching the win in the closing stages.



It was a spirited performance from Bowbrook, who showed resilience, teamwork, and pride throughout the match.

Upcoming Fixtures – Team sheets will have been sent home via engage and are displayed outside of the school hall. Please check the details and contact Mr Swain if there are any questions.

Monday 24th November

U11's Hockey vs Heathfield (H)

Tuesday 25th November

U11's Rugby vs Holy Redeemer (H)

Thursday 27th November

U14's Rugby vs Bredon (H)

U14's Hockey vs Bredon (A)