

PE Department News.

Danny Butler Visiting Bowbrook Prep

On Monday, Bowbrook Prep had the incredible privilege of welcoming GB Trial Cyclist Danny Butler to school. Danny delivered an inspiring talk to the children about the importance of resilience, sharing the powerful message that "Hard work beats talent when talent is hardly working."



The excitement didn't stop there! Danny wowed everyone with his jaw-dropping bike skills right in the school hall, leaving the children amazed. Afterwards, he led the pupils through a fun and challenging fitness circuit, which they had been fundraising for in advance.

A huge thank you to everyone who has supported this initiative so far. Please remember to bring all fundraising money and completed forms into school on Monday.

This was a truly motivational day that reminded us all of the value of perseverance and determination!

U12's Rugby vs Kingham Hill (H)

Bowbrook U12's faced Kingham Hill in an exciting modified touch rugby encounter on Tuesday. The game began with Bowbrook showing strong defensive organization, absorbing sustained pressure from Kingham's



early attacks. Their resilience paid off when Tom T broke through and scored the opening try in the corner, giving Bowbrook a well-earned lead.

From there, the match evolved into a thrilling back-and-forth contest. Both sides demonstrated excellent phase play, moving the ball fluidly and building confidence as the afternoon progressed. Each team capitalized on opportunities, keeping the scoreline tight and the spectators engaged.

With the clock ticking down and the score level, Bowbrook produced a moment of magic. Oscar, showcasing lightning-fast footwork, darted into the corner to score a superb try in the dying seconds. His effort sealed a dramatic finish, with the game ending in a hard-fought 5–5 draw.

ISA Midlands 7's @ Market Bosworth RFC

On Wednesday, our U14 and U16 rugby teams represented Bowbrook Prep at the ISA Midlands 7's event, showcasing determination, teamwork, and skill throughout the day.

The U14s were competitive in every game, demonstrating excellent attacking play and resilience. They secured impressive wins against Lichfield and Tettenhall, while narrowly losing to other strong teams in attendance. The squad displayed some outstanding pieces of skill, particularly in their ability to offload the ball to keep play alive, ensuring they remained a constant threat. Their hard work and commitment were evident in every match.



The U16s adopted a physical approach to the fast-paced game of 7's, running the ball straight and working tirelessly to overpower their opponents. Their efforts paid off with lots of tries scored, and as the day progressed, the team grew in confidence and cohesion. It was fantastic to see their development and determination shining through in every fixture.

Both teams should be proud of their performances – a great day of rugby for Bowbrook!

U12's Hockey vs RGS Dodderhill (A)

The U12 hockey team returned to Dodderhill for their second encounter this Thursday, taking on RGS Dodderhill in an exciting away fixture. The girls delivered a fantastic performance across four competitive quarters, showing great versatility as they tried out different positions and strategies.



Their efforts paid off with five superb goals, each scored by a different player: Annabelle F, Hollie H, Edith P, Harriet S, and Olivia G – a true team effort! Special congratulations go to Olivia W and Hollie H, who were deservedly voted Players of the Match for their outstanding contributions.

Well played, team – a brilliant display of skill, teamwork, and determination!

Upcoming Fixtures – Team sheets will have been sent home via engage and are displayed outside of the school hall. Please check the details and contact Mr Swain if there are any questions.

Monday 10th November
Tuesday 11th November
Wednesday 12th November
Thursday 13th November

Friday 14th November

U11's Hockey vs Bredon (A)
U13's Rugby vs Bredon (H)
ISA Midlands U15's Rugby @ Worcester RFC
U14's Rugby vs Sibford (A)
U14's Hockey vs Kingham Hill (A)
SWSSA U11's Tug O War @ Bowbrook