

PE Department News.

U9's Tag Rugby vs Holy Redeemer

On Monday, the Bowbrook U9's Tag Rugby team took to the pitch for their very first fixture, and what a spirited debut it was! Every single player gave their all, showing tremendous effort, determination, and teamwork throughout the match.

The game began with some early nerves, but as the minutes ticked by, the team grew in confidence and cohesion. Their performance improved steadily, with players finding their rhythm and working together more fluidly.

Jonas led the charge with powerful runs that broke through the opposition's line, while Jake showed great agility, weaving and snaking his way through gaps in the defence. Eretria ran confidently with the ball in hand, always looking to make ground, and Camilla impressed with her intelligent support play, consistently running strong lines off the shoulder.

Liv dazzled with her sidestepping ability, creating space and opportunities, and Adam grew in confidence as the game progressed, making assertive forward runs that helped drive the team forward. Elina was a beacon of positivity, keeping team morale high and encouraging her teammates throughout.

The team's hard work paid off with some excellent tries. Ellie scored a fantastic try following some well-constructed build-up play, and Isabelle lit up the wing with blistering pace, crossing the line twice!

It was a brilliant first outing for Bowbrook U9's, full of promise and passion. The team should be incredibly proud of their efforts, a strong foundation has been laid for the season ahead!

U11's Hockey vs Holy Redeemer

This Monday, the Bowbrook U11 Girls Hockey teams welcomed Holy Redeemer for an exciting afternoon of hockey during their regular games session. Despite the buzz around the upcoming Halloween disco, with costumes and celebrations on everyone's mind, the girls showed impressive focus and commitment on the pitch.

The match was played in great spirit, with Bowbrook demonstrating clear progress in both their understanding of the game and their individual skill sets. From the first whistle, the team worked hard to maintain structure, communicate effectively, and apply pressure in attack.

In the first match, Mabel was in fine form, scoring two well-taken goals that gave Bowbrook an early lead. Her positioning and finishing were excellent, and she proved to be a constant threat in the attacking third. Meanwhile, Danni and Florence were rock-solid in defence, reading the game well and making crucial interceptions to keep Holy Redeemer at bay.

Overall, it was a fantastic afternoon of hockey, full of energy, enthusiasm, and improvement. Holy Redeemer nominated Mabel and Danni as players of the match, recognising their standout performances. Well played to all the Bowbrook girls.

ISA Midlands Junior Swimming @ Walsall

The Bowbrook Junior Swim Team made a splash at the ISA Swimming event in Walsall yesterday, showing fantastic determination and competitive spirit in every heat they took part in. From the first whistle to the final race, each swimmer gave their all, pushing themselves to perform at their very best.

The team's commitment to racing hard and staying focused was evident throughout the day, with many swimmers improving their times and showing great resilience in the pool.

A special congratulations goes to Sienna (J6) and Olivia W (J5), who both achieved top 8 finishes in their respective backstroke events, a brilliant achievement at such a competitive meet!

The Bowbrook swimmers should be proud of their efforts and sportsmanship. Their energy, teamwork, and determination made for a memorable day. Well done everyone.

U16's Rugby vs Bredon (A)

The Bowbrook U16's Rugby team travelled to Bredon today for a spirited and hard-fought fixture that showcased resilience, teamwork, and some excellent rugby.

Bowbrook came out firing from the first whistle, applying early pressure with powerful carries. George was unlucky to be held up over the try line after a strong surge forward, and Cameron W disrupted the Bredon lineout effectively, keeping the hosts on the back foot. Despite Bowbrook's early dominance, slick handling from Bredon saw them strike first, and the momentum began to shift. The first half ended 20-0 in favour of Bredon, but Bowbrook's determination never wavered.

At half time, three players joined Bowbrook's side to help with numbers, and the second half saw a revitalised Bowbrook team take to the field. Cam J opened the scoring with a brilliantly worked try in the corner, setting the tone for a much more competitive half. Bredon responded with a try of their own, but Bowbrook continued to grow into the game.

One of Bredon's players, now playing for Bowbrook, scored a brace of tries, thanks to excellent build-up play and strong carries from Charley B and Charlie R. Bredon added another score, but Bowbrook finished the match on a high. Charlie R powered through the defence to score a final try, following superb offloading from Cameron J, Charley B, and DJ Tom R.

The final score was 32-22 to Bredon, but the match was played in great spirit and showcased the grit and growth of the Bowbrook side. A fantastic effort from all involved, well done, Bowbrook!

U16's Hockey vs Bredon (A)

The Bowbrook U16s Hockey team travelled to Bredon School on Wednesday for a competitive and well-contested fixture that saw the team deliver a confident and composed performance across all three thirds of play.

From the first whistle, Bowbrook asserted themselves with strong attacking intent and excellent ball movement. Their efforts were quickly rewarded in the first third, with Olivia S opening the scoring through a well-taken goal that showcased her sharp positioning and finishing ability. Not long after, Chloe M doubled the lead with a composed strike, giving Bowbrook a 2-0 advantage and setting the tone for the rest of the match.

The second third saw Bowbrook's defensive unit come into their own. With Bredon pushing to get back into the game, Bowbrook's back line held firm, and Lucy K was outstanding in goal — making several key saves and demonstrating great composure under pressure to keep the clean sheet intact.

In the final third, Bowbrook continued to press forward with confidence. A moment of brilliance came from Emma G, who delivered a pinpoint assist that allowed Chloe M to score her second goal of the match, sealing a well-earned 3-0 victory for Bowbrook.

Special recognition goes to Isabella B and Sophie W, who generously played for Bredon throughout the match to help make up their squad numbers. Their sportsmanship and team spirit ensured the fixture could go ahead and was enjoyed by all.

This was a fantastic team performance from Bowbrook, marked by strong communication, tactical awareness, and a great sense of camaraderie. Every player contributed to a memorable win — well done to all involved!

U14's Rugby vs Bredon (A)

In a fiercely competitive encounter on Thursday, Bowbrook U14s faced off against a strong Bredon side in a match full of momentum swings and standout performances.

Bowbrook started brightly, asserting early dominance with a well-worked try from Freddie, which was confidently converted by Alfie. The pressure continued as Bobby powered over for the second, again converted by Alfie, giving Bowbrook a solid lead. The third try came from Josh, following a slick offload from Bobby, and Josh added the extras himself. At half-time, Bowbrook held a deserved 21-10 lead, showcasing sharp attacking play and disciplined defence.

The second half began with intensity, and Bowbrook capitalised immediately. Tom's excellent pressure from the kick-off set the platform for Bobby to score his second of the match. However, Bredon began to claw their way back into the game, applying sustained pressure and finding gaps in Bowbrook's defence.

In response, James crossed the line to keep Bowbrook ahead, with Alfie once again reliable from the tee. Despite Bowbrook's efforts, Bredon surged in the final stages, scoring a flurry of late tries that turned the tide and snatched victory in dramatic fashion.

It was a thrilling contest, with Bowbrook showing great skill, teamwork, and determination throughout. Though the result didn't go their way, the team can take pride in a strong performance against tough opposition.

Upcoming Fixtures – Team sheets will have been sent home via engage and are displayed outside of the school hall. Please check the details and contact Mr Swain if there are any questions.

Monday 3rd November 2025

Tuesday 4th November 2025

Wednesday 5th November 2025

Thursday 6th November 2025

Friday 7th November 2025

Prep Athlete Meet and Train

U12's Rugby vs Kingham Hill (H)

ISA Midlands U14 & U16 Rugby @ Market Bosworth

U14's Rugby vs Kingham Hill (A)

U12's Hockey vs RGS Dodderhill (A)

ISA Midlands U12's Football @ LGS Stoneygate