

PE Department News.

ISA Athletics Championships 2025

The Bowbrook House athletics teams enjoyed a fantastic week of competition, showcasing both talent and determination on the track and field.

On Tuesday 3rd June, a group of senior athletes travelled to the ISA Midlands Senior Athletics Championships, where they achieved an excellent set of results against strong competition from across the region.

Notable performances included:

- Noah – 1st place in the 1500m and 2nd in the 100m
- Archie – 1st place in the 100m Hurdles
- Harrison – 3rd in the 1500m and 2nd in Triple Jump
- Felicity – 2nd in the 100m
- Lucca – 2nd in Shotput
- Cameron – 2nd in High Jump

These outstanding efforts contributed to a strong overall team performance, with the Boys' team finishing 7th out of 20 schools and the Girls' team placing 10th out of 23.

The following day, Wednesday 4th June, attention turned to the Junior Athletics event, where younger athletes had the opportunity to shine. Congratulations to Oscar, who earned a silver medal in the Shotput. Adding to the week's achievements, three students have been selected to represent the Midlands team at the upcoming ISA National Athletics Championships – Congratulation (and good luck) to:

- Cameron selected for High Jump
- Archie selected for 100m Hurdles
- Noah selected for the 1500m and the Relay Team

Congratulations to all competitors for their commitment and success in these athletics events and for all representing the school with pride.



SWSSA U11's Athletics

On Monday 9th June, Bowbrook House hosted the SWSSA U11 Athletics Event, providing a fantastic opportunity for our athletes to compete against 5 other schools from our local area. All participating students had the chance to showcase their talents across a variety of track and field events. From sprints and distance runs to throws and jumps, everyone gave their best effort and represented the school with pride and enthusiasm.

The event was a celebration of teamwork, determination, and sportsmanship. Many students returned home with ribbons, a testament to their hard work and athletic abilities. It was a fun afternoon of friendly competition and well done to everyone who participated.



U13's Cricket vs Kingham Hill (A)

On a bright Tuesday afternoon, Bowbrook U13's took on Kingham Hill U13's in a T20 encounter. Bowbrook won the toss and opted to bowl first, hoping to make early inroads into the Kingham batting lineup.

Kingham Hill started solidly, showing patience and discipline at the crease. The breakthrough for Bowbrook came thanks to some sharp fielding, with Sam and Freddie combining brilliantly for a run-out to dismiss the first batsman. The second wicket came courtesy of Oli, who delivered a well-pitched ball that clean bowled the batsman. The third and final wicket fell when James took a smart catch off Luke's bowling.

Despite these moments of success, Bowbrook were hampered by a high number of extras, conceding 69 in total—nearly half of Kingham Hill's final score of 148 for 3 from their 20 overs. The extras proved costly and reflected some wayward bowling that allowed the opposition to capitalise.

Chasing 149 to win, Bowbrook's innings never really gathered momentum. Kingham's bowlers maintained excellent lines and lengths, consistently pressuring the batters. Wickets tumbled at regular intervals, and the chase unravelled quickly. Bowbrook were all out in the 12th over for just 55 runs.



While the result didn't go Bowbrook's way, there were positive moments in the field, including teamwork in the run-out and individual bowling and catching efforts. However, the match highlighted areas for improvement—particularly bowling discipline and building partnerships with the bat.

U15's Cricket vs Bredon (H)

In a thrilling U15 cricket encounter held at the picturesque Peopleton Village Hall, Bowbrook faced Bredon in what turned out to be an action-packed match. Bredon won the toss and made the strategic decision to bowl first.

Batting first, Bowbrook experienced a steady start as they endeavored to lay down a strong total. Lucca D was the star performer with the bat, demonstrating impressive technique and composure at the crease. He scored a commendable 41 runs, hitting some well-timed boundaries that set the pace for Bowbrook's innings. Supporting him was Tom R, who played an equally significant role, contributing a solid 40 runs. Both batters showcased excellent partnerships, keeping the scoreboard ticking as they took advantage of any looseness from the Bredon bowlers.

Bowbrook eventually finished their innings with a total of 123 runs, having built a decent platform that they believed would challenge Bredon as they stepped onto the field to bowl.

Chasing a target of 124 runs, Bredon's innings got off to a shaky start. The pressure mounted quickly, as Bowbrook's bowlers maintained tight lines and lengths. George T emerged as the standout bowler for Bowbrook, wreaking havoc on Bredon's batting lineup. George finished with remarkable figures of 5 wickets, effectively dismantling the opposition's batting order and leaving them reeling.

Contributing to the bowling firework display was Cam J, who claimed 2 wickets, while both Cam W and Archie H chipped in with a wicket apiece. Their collective effort kept Bredon's chase in check, and it was clear from the onset that Bredon were committed to chasing down the target with precision.

Despite a valiant effort, Bredon struggled to find momentum with the bat. The pressure created by Bowbrook's disciplined bowling performance proved too much as they fell short of the target, finishing their innings with a total of 85 runs.

In the end, Bowbrook triumphed, securing victory by 38 runs. The bowling unit, led by George T, was exceptional. Bowbrook's earlier solid batting display alongside their brilliant bowling performance ensured they emerged victorious in this exciting encounter at Peopleton CC.

U14's Rounders vs TDMS (A)

Our U14 girls showed great spirit and determination in their latest rounders fixture against TDMS. Despite a narrow 13.5 to 11 loss, the team played with energy and teamwork from start to finish.

There were plenty of standout performances on the pitch. A huge well done to Grace for her incredible catches throughout the game – a real asset in the field and quick-thinking under pressure. Evie impressed with her outstanding long throws, helping to keep TDMS on their toes. Isla S was a brilliant backstop, calm and consistent behind the batter.

Special mention to Liv and Izzy for their awesome bowling – both kept the pace up and delivered with great accuracy. A big thank you to Fea, who led the team as captain with focus and encouragement, and to Grace, who supported her team superbly in her role as vice captain.



The batting round was a highlight, with some brilliant hits and clever decision-making at the posts. While there were a few fumbles in the field that cost us some points, the team worked hard to recover and kept fighting right to the end.

This was a closely contested game, and the result could have gone either way. With such promising performances and great teamwork, we're confident the team will bounce back even stronger. We'll get them next time!

Students should check the PE notice board to see if they are involved in fixtures.

Monday 16th June 2025

Wednesday 18th June 2025

Thursday 19th June 2025

U11's Boys Cricket vs TDMS (H)

U11's Girls Cricket vs TDMS (H)

U15's Cricket vs Lucton (A)

U15's Rounders vs Pershore (H)

Worcestershire U11's Cricket Tournament @ Rushwick CC

U14's Girls Cricket vs Bredon (H)

U13's Rounders vs Pershore (A)