

PE Department News.

U13's Hockey vs Stafford (A)

On Friday last week, the Bowbrook U13's boys picked up the hockey sticks and made the long journey to Stone hockey club near Stafford. Arriving slightly late due to the traffic, the team jumped off the bus and immediately sprang into action against the Stafford team.

The game started at a very fast pace and capitalising on Bowbrook's stiffness after a long journey, the Stafford team found the back of the goal with 3 quick unanswered goals. Bowbrook got their heads into the game towards the end of the first half and worked well to keep possession of the ball, move down the pitch and attack in the Stafford half.



As the second half started, Bowbrook attacked with renewed vigour. The team ran with the ball well and James found lots of space in the Stafford half of the pitch to exploit and attack. Bowbrook took more shots on goal and seemed to threaten the Stafford goal keeper more as the game went on. One final goal was scored by Stafford as the Bowbrook team began to run out of steam and the game ended with the Bowbrook boys suffering a 4-0 defeat. Regardless of the scoreline, the boys played some very good hockey and participated well in their first hockey fixture. Player of the match was awarded to Alfie in Year 8 by the Stafford team for his incredible defensive play.



U11's Tag Rugby vs St Mary's (A)

On Monday, the U11's team travelled to Chipping Norton for a Tag Rugby fixture against St Mary's school. Travelling through the cold and rain, the team arrived filled with enthusiasm and excited to get started.

The game started fast and furious with both teams running hard lines at each other in attempts to score as many tries as possible. Some excellent running lines were made by Fabian and Rory at the beginning of the game with both players getting the Bowbrook team up the field and over the gain line.

Both teams traded tries throughout the whole match and over the first half St Mary's used their sloping pitch to an advantage. As the game continued, the Bowbrook boys got used to this and Tom managed to carve through the defence on several occasions to score numerous tries. At times both teams seemed to forget the tag element of the game as players from both teams ran directly at each other and challenged each other physically.

Bowbrook worked hard over the last few minutes to put pressure on the St Mary's defence and capitalised on the mistakes made by the St Mary's team to sneak ahead. With the full time whistle blowing at the end of a final Bowbrook try, the game ended with a close score of 16 tries to Bowbrook and 15 tries to St Mary's. A fantastic display of running rugby on show from both teams.

U11's Hockey vs Bredon (A)

It was a tough outing for the U11 girls in today's match Bredon as we faced a strong opponent on the field. Despite our best efforts, the final score ended 6-1 in favour of the opposition.

Our lone goal came from the ever-reliable Holly, who continued her excellent form with a well-taken strike. Her effort was the highlight of the game for us, showcasing her determination and skill in front of goal. However, it was a challenging match, and our opponents were clinical in their finishing, finding the back of the net six times.

Martina stood out in defence, putting in a solid performance and showing



great resilience under pressure. Her timely tackles and clearances kept the score from being even higher, earning her praise from coaches and teammates alike. Liv G also played an important role in midfield, displaying excellent vision and distribution, as she worked tirelessly to link up play and create opportunities from the middle of the park.

While the result was disappointing, the team's spirit remained high, and things took an unexpected turn on the way home. Our bus broke down, but rather than let the setback get us down, we ended up back in the classroom where we drowned our sorrows in hot chocolate, Christmas films, and a generous supply of chocolate chip cookies. It was a perfect way to bring some festive cheer after a hard-fought match

U14's Hockey vs Bredon (A)

A tough match for the U14 hockey squad yesterday at Bredon. Bredon were relentless in attack, and our defence just couldn't hold them off. However, the girls kept working hard and came back with renewed fight after halftime. Five minutes in, Olivia made a great pass into the D, where Evie slotted in a goal.

There was some excellent forward passing throughout the game, but we just couldn't convert those opportunities into scores. Penny worked tirelessly up front, as did Poppy, who also stepped up to support in defence.



PE Update

As we are now approaching the end of term, all years will be beginning to take part in cross country during their PE lessons. Please can all students make sure they have the full PE kit required for cross country with appropriate footwear for this part of the subject. It is also a good idea to have a towel packed in PE bags as the course does get quite muddy.

Upcoming Fixtures: **Students should check the PE notice board to** **see if they are involved in fixtures.**

Monday 25th November 2024

ISA Midlands U10's Contact Rugby @ Market Bosworth

Tuesday 26th November 2024

U11's Hockey vs Holy Redeemer (H)

Wednesday 27th November 2024

U13's Rugby vs Kingham Hill (H)

Thursday 28th November 2024

U16's Hockey vs Bredon (A)

U13's Hockey vs Heathfield (A)

U13's Rugby vs Bredon (A)

Friday 29th November 2024

SWSSA Tug O War @ Bowbrook