

PE Department News.

U11's Football vs Heathfield (A)

In a thrilling U11 football match between Bowbrook and Heathfield Knoll, held at Heathfield, Bowbrook fought hard but ultimately succumbed to a 5-2 defeat against the home team.

The standout player for Bowbrook was Aadil H, who scored both of the team's goals with finesse and skill. He was ably supported by the talented Oscar B, who provided crucial assists to set up the scoring opportunities.

The match featured a total of 15 enthusiastic boys, taking part in a fast-paced 6-a-side game with two 20-minute halves. With such a format, there were numerous substitutions made throughout the match, allowing all players to contribute to the team's performance.

Despite the best efforts of Bowbrook, Heathfield Knoll proved to be a formidable opponent, showcasing a strong attacking display and clinical finishing that led to their victory. However, Bowbrook displayed great determination and teamwork, with each player giving their all on the pitch.

Noteworthy mention goes to Bowbrook's goalkeeper Rory J, who put up a commendable effort in guarding the goal and making crucial saves throughout the match.

Overall, the match was an exciting and competitive affair, with both teams displaying their passion for the game. While Bowbrook may have fallen short in the end, they can take pride in their performance and look to learn and improve from this experience as they continue their football journey.

U11's Hockey vs Heathfield (A)

Monday saw the U11 girls take to the road to play against Heathfield in their first fixture of the year. Despite the rain, all players were filled with energy and eager to get on the pitch and play.

A positive warm up ensured that the girls were focused and ready for the battle ahead. Starting off slowly, the girls worked hard to get into a rhythm throughout the game. In the first half, the girls played some excellent hockey and Hollie got Bowbrook off to a good start scoring a good goal and helping the team to build in confidence.



As the game continued, the team got stronger and stronger with their hockey skills improving throughout. Hollie continued with her scoring streak with another 3 goals and Orla also finished a good passage of play from the Bowbrook team to also get on the score sheet.

The game ended 5-2 to Bowbrook and the team have set a high standard to be pursued in the upcoming matches. Excellent communication from all enabled the team to play smoothly and well done to Anna who was voted as player of the match.



U9's Hockey vs Heathfield (H)

Tuesday afternoon saw the J3 pupils take part in their first inter school fixture of their time at Bowbrook. An energy filled warm up and lots of enthusiasm saw the team build with excitement as they readied themselves to play against Heathfield.



The game started at a fast pace and quickly Bowbrook were put on the back foot as Heathfield scored two quick goals.

Building with confidence as the game continued, Pippa-Jo, Ellie, Adam and George, all got stuck in and moved well with the ball up the pitch trying to deliver a blow to the Heathfield team with the all so elusive goal needed to get on the score sheet. Elina and Iris worked hard to keep defending against the Heathfield players and worked well between them to get stick on ball and prevent their players from adding to their score.

As the game continued, all of the players worked the ball well into the Heathfield shooting circle and narrowly missed out on scoring a goal to get them on the scoresheet. It was evident that the team did however, make huge improvements as the game continued, and they grew in confidence continuously. Ultimately, all of J3 who played in this fixture all had a fun afternoon of playing hockey and all should feel very proud of their performance, just as we are all very proud of them in school. Well done J3!



U16's Rugby vs Lucton (H)

Wednesday saw the U16's start their rugby season as we welcomed Lucton school to Bowbrook. Just in time for kick off, the weather decided to change and both teams got ready for a fun afternoon of rugby in the torrential rain.



From the first kick off the Bowbrook team put the pressure on Lucton to turn up and perform. Some strong tackles coming in from Will, Peter and Charley B kept Lucton from scoring early and forced them to make mistakes early in the game. The first try came to Bowbrook in the first half as Myles placed a high kick up towards the Lucton half, chased and regathered his kick, and then motored towards the try line to dot the ball down for the first time this season. Cameron converted the try and Bowbrook went into half time 7-0 up.

Lucton piled the pressure onto Bowbrook early in the second half, building enough phases to crack the Bowbrook defence, and scoring in the corner to make the score 7-7. Responding to this Myles again, found space and ran in a second try to Bowbrook, again converted by Cam to make the score 14-7. The match seemed to be very tightly contested and Lucton late into the game found themselves scoring in the corner but, due to the missed conversion, Bowbrook managed to hold onto a slender lead with the scores 14-12.

The drama unfolded in this match when time was up for the game. Bowbrook had a lineout to finish the game and the last play call was shouted. Backing their ability to score. The ball once again made it's way into Myles' hands and he set off down the pitch looking for his third try. Caught on the 5m line, the team tried desperately to hold onto the ball and worked through phases to try and score with the words last play still ringing in their ears. Lucton turned the ball over and their winger, seeing an empty field in front of him, pinned his ears back and shot off to score unopposed down the Bowbrook wing. A tough defeat to take from the Bowbrook boys from a game they seemed to be on top of as Lucton took the victory 19-14.

All of the boys can be very proud of the way they played and the efforts that were put into stopping some of Lucton's powerful runners. Some excellent rucking and tackling was evident on both teams but player of the match is awarded to Archie in year 10 for his consistent tackling in defence.



ISA Midlands U14's Football @ Highclare

The U14 Bowbrook football team recently participated in the ISA Midlands competition at Highclare. Bowbrook played a total of four games in Group C, with varying results. They started off strong by winning their first game, but unfortunately, they faced two consecutive losses in their second and third games. In their final group match, Bowbrook suffered another defeat, placing them in fourth position in the group.

Despite not advancing to the knockout rounds, Bowbrook had the opportunity to play for the 10th, 11th, and 12th positions against the fourth-placed teams from Groups A and B. Impressively, Bowbrook emerged victorious in both of these matches, securing a respectable 10th place overall in the competition.

A special mention goes to George H and new pupil, Noah N, who made a significant impact on the team in their first tournament for Bowbrook, despite being in Year 7 and playing against Year 9 students. Noah managed to score three goals. They both showcased their talent and potential as valuable assets to the team.

Overall, the U14 Bowbrook football team displayed determination, skill, and sportsmanship throughout the ISA Midlands competition, culminating in a commendable 10th place finish. Congratulations to all the players for their efforts and achievements in the tournament.



ISA Midlands U10's Football @ Dixie Grammar

The U10 ISA football tournament at Dixie Grammar school was an exciting event with Bowbrook representing their school in Group B. They played matches in the group stages against tough competition with mixed results.

Throughout the group stages, all of Bowbrook's goals came from the talented Aadil H, who showcased his skills on the field. Despite some close matches, Bowbrook finished 5th in their group overall.

In the play-off match against Edenhurst, Bowbrook came out strong and determined to secure a win. They dominated the game, scoring an impressive 6 goals against Edenhurst's 0. Aadil continued his scoring streak with 3 goals, while Beau C added 2 more to the tally. Finally, Tom T, who had been working hard for a goal all tournament, was rewarded with a much-deserved goal.

Overall, Bowbrook showed great determination throughout the tournament, finishing on a high note with a decisive victory in the play-off match. They represented their school well and made their mark on the U10 ISA football tournament finishing 13th overall.



Next Week's Fixtures:
Students should check the PE notice board to
see if they are involved in fixtures.

Monday 30th September

ISA National Skiing @ Hemel Hempstead

Tuesday 1st October

U11's Hockey vs Bredon (A)

U9's Tag Rugby vs Holy Redeemer (H)

U13's Hockey vs Bredon (A)

Wednesday 2nd October

U16's Rugby vs Bredon (A)

Thursday 3rd October

U13's Rugby vs St Edwards (A)

U14's Rugby vs Bredon & Kingham Hill (H)