

PE Department News.

ISA Midlands Senior Athletics @ Saffron Lane Athletics Stadium

Last Friday the Bowbrook middle and senior school athletes took to the road on the long journey to Saffron Lane Athletics track in Leicester. Arriving slightly early, the team got warmed up and prepared for a long day of track and field events.

All students took to the track well and throughout the heats a number of Bowbrook students finished in 'podium' positions however, competition was tough with quick times being ran in previous heats. Congratulations to Ellen, Myles, Harrison, Felicity and Olivia who all qualified for finals in an event on the track and a further well done to Felicity on her 100m Gold Medal and Harrison on his 300m & 800m Bronze medals.



In the field, the Bowbrook students challenged competitively against a number of individuals from other schools who specialise in certain field events. We had a large number of students narrowly miss out on medals with 4th place on the score sheet and well done to Penny and Lucinda for being so close to medals in the discus and shotput respectively. Congratulations to our field event medallists: Lucinda – silver in the javelin, and James – Bronze in the High Jump.

The Bowbrook team clearly put all they had into competing and finished their events putting as much effort as they could into their performances. Out of the 30 schools in attendance, and by far one of the smallest schools at the event, the team finished in a very respectable 8th place. Well done to everyone who represented the school in Leicester.

U11's Rounders vs Heathfield

In an exhilarating match against Heathfield, our U11 mixed rounders team secured a hard-fought victory with a final score of 14-12. The game was filled with impressive performances and teamwork, showcasing skill and dedication.

A special mention goes to Leo, who not only excelled in both batting and fielding but also led the team with great poise as our mixed captain. His outstanding performance earned him the well-deserved title of Player of the Match.

Harper and Jasmine demonstrated excellent teamwork during fielding, effectively collaborating to prevent Heathfield from scoring several half rounders. Jemimah also deserves praise for her strategic thinking, which played a key role in our team's success.

Congratulations to all the players for their hard work and determination. Every team member contributed to this fantastic victory, and their efforts were evident throughout the match. Well done, team!



U11's Cricket vs Holy Redeemer

Monday saw the U11's Cricket team face Holy Redeemer in another epic battle on the sporting field. Coming in to bat first, Bowbrook showed their intentions with quick runs being taken from the players with their pairs and a number of boundaries being made.

A shout out must go to the batting pair of Luke and Sam who came in as the final batters and put a huge shift in with the bat, scoring 23 runs in two overs, four of which including boundaries.

In the field, Bowbrook kept their bowling tight and forced Holy Redeemer to play accurate shots in order to keep the runs building. Well done to George, Oscar and Luke who all took wickets in their respective overs, and kept the Holy Redeemer batters working hard to catch the run total.

The match ended with Bowbrook earning the victory with 262 runs and Holy Redeemer narrowly missing out on catching them with 246. Well done to everyone who played and congratulations to the Bowbrook U11's who continue their cricket season with another strong performance.

Students should check the PE notice board to see if they are involved in fixtures.

Monday 3 rd June	ISA Midlands U11's Kwik Cricket @ Duffield CC
Tuesday 4 th June	U13's Cricket vs Kingham Hill (H) U13's Girls Cricket vs Kingham Hill (H)
Wednesday 5 th June	U15's Cricket vs Bredon (H)
Thursday 6 th June	U14's Cricket vs Kingham Hill (A)