

PE Department News.

U11's Cricket vs Heathfield

The cricket season started with Bowbrook House hosting Heathfield in the first match of the season. The excited Bowbrook team took to the field early to practice their fielding skills whilst Heathfield arrived and came over to get started. We lost the toss and Heathfield decided to field first.

Coming into bat, the Bowbrook team faced the Heathfield bowlers well. Some crucial connections with the bat denied Heathfield from taking many wickets with only 2 wickets falling during the innings. As customary with pairs cricket, this saw a total of 10 runs taken off our final score, which builds from 200. The Bowbrook innings finished with a respectable score of 237 and well done to Leo for being our highest scoring batsman on the day.

Bowbrook's fielding innings could not have started any better with Luke stepping up to bowl, bowling his first ball for a wicket. This gave the team much needed confidence to continue putting the pressure on Heathfield with good bowling and fielding. With everyone have a chance to bowl and further wickets taken by Georgina, Oscar and Jack, Bowbrook fought through to the end to hold Heathfield to a score of 227 and emerge the victors! Well done to all who played and to player of the match for his outstanding fielding, George.

U11's Dodgeball @ TDMS

Eight students from Bowbrook House School in year 5 and 6 showcased their dodgeball skills at a recent competition held at TDMS School in Evesham. The students participated in a group stage, playing a total of five games which allowed them to learn more about the game and improve their techniques as the competition progressed.



Despite the competitive nature of the tournament, the students from Bowbrook House School thoroughly enjoyed themselves and demonstrated great sportsmanship throughout the games. They worked together as a team, communicated effectively, and supported one another on the court, creating a positive and encouraging atmosphere during the matches.

Congratulations to all the participants for their hard work and positive attitude on the court!

U16's Cricket vs Bredon

Bredon travelled to Bowbrook for game 1 in a two part series before the U16's head into their study leave period. Winning the toss, Bowbrook captain Theo elected to field and Bowbrook set their field ready for the Bredon batsmen.

Immediately, the Bowbrook team got stuck into the Bredon batters with Edward opening the bowling with some fast paced bowls. Holding the Bredon team to 19 runs, captain Theo took the wicket, catching his own bowl to the Bredon opening batsman. This was to be the only wicket taken in the Bredon innings with the fielding feeling very relaxed and concentration levels dropping around the field. A total of 46 "extra" runs were gifted to Bredon in terms of no balls and wides, which ended the Bredon innings at 103 runs. Needing 104 runs to win the last words to the team were "you better come out swinging..."

Advice given at the end of the innings seemed to be followed by the Bowbrook team as the team came out to bat. The first ball bowled to one of the opening Batsman, Edward, saw him make his first boundary and started the Bowbrook attempt to catch the 104 runs withing 14 overs. Wickets fell quickly for the Bowbrook team and even though they were gifted a total of 42 "extras" by the Bredon bowlers, the game could have quite easily ran away from them however... having a good innings with the bat, Edward hit a total of 34 runs, a number of the boundaries, and when he got dismissed, the dynamic partnership of Tom and Mathilda battled to get Bowbrook over the final score. Facing his first ball Tom scored 2 runs, then facing his second scored a 4, taking the Bowbrook team to a total of 104 runs in the 12th over.

A great display of batting saw the team take the first victory of the series and Well done to all who played. Working harder in the field during the next encounter will see Bowbrook walk away with a double win in the next match next Wednesday. Player of the match, for his attacking efforts with the bat, is cricket vice-captain Edward.



U13's Cricket vs Heathfield

The U13 cricket match between Bowbrook and Heathfield took place on a sunny afternoon at the Bowbrook House School. Heathfield won the toss and elected to bat first. The team managed to score 69 runs for the loss of 5 wickets in their allotted 14 overs. Lucca D starred with the ball for Bowbrook, taking 2 crucial wickets, while Harrison C, Tom W, and Alfie B also chipped in with a wicket each.

In response, Bowbrook's opening pair of Lucca D and Olly H started steadily but unfortunately, both batsmen were dismissed early on - Lucca for 11 and Olly for 7. George T came in to stabilize the innings and played a fantastic knock of 23 runs, including 5 boundaries. Alfie B provided support with 2 runs, as Bowbrook chased down the target of 70 runs with 3 overs to spare.

George T played a match-winning innings, showcasing his batting prowess and leading Bowbrook to a well-deserved victory over Heathfield. Overall, it was an exciting and closely contested match between the two teams. Well done to both teams for their competitive spirit and sportsmanship displayed on the field.

Player of the match for his excellent wicket keeping skills (during his first cricket match and time at the wickets) was Olly H.



PE & Clubs reminders

As we are now getting stuck into the summer term, it is the perfect opportunity to remind all students of the clubs and activities that are on offer throughout the term. There is the opportunity to get into the cricket nets, and starting off with a 100% win record in cricket this summer so far, it would be great to see as many students using the nets and cricket strip as much as possible. Other clubs range include tennis, volleyball, and an opportunity to get into the swimming pool. As the weather is warming up, the pool will be open more and more but in order to join the club, students **MUST** sign up at the PE office to join the club. There is a maximum number of 15 students that can use the pool at one time and staff that are running the clubs need to know who is staying and who is not. After school swim sessions will end at 16:45/50.

As well as clubs, ISA athletics events are fast approaching. To aid in the selection of the athletics teams, the PE department will try to hold trials for each event over the coming week. A timetable will be displayed on the clubs and activities board for all students to see and those in attendance will have an increased chance of representing the school at the ISA events. Please see Mr Swain for more information and these are all weather dependent.

Students should check the PE notice board to see if they are involved in fixtures.

Monday 29 th April	ISA Midlands U15's Rounders @ Tettenhall College SWSSA Y5/6 Athletics @ Bowbrook House
Tuesday 30 th April	ISA Midlands U13's Rounders @ Tettenhall College U12/13's Cricket vs Bredon (H)
Wednesday 1 st May	U16's Rounders vs Tettenhall (A) U16's Cricket vs Bredon (H) – Peopleton CC U15's Cricket vs Heathfield (H) – School field
Thursday 2 nd May	U14's Cricket vs Kingham Hill (H) – Peopleton CC