

PE Department News.

U11's Football Tournament

Bowbrook House U11's football team showcased their talent and determination in an exhilarating 7-a-side tournament hosted at their home ground. Facing off against Flyford Flavell, Holy Redeemer, and TDMS, the young athletes demonstrated skill, teamwork, and sportsmanship throughout the day.

In the opening match against Holy Redeemer, the team displayed impressive ball control and strategic passing. The midfielders worked well together to switch from defence to offense, while the forwards relentlessly pressed for scoring opportunities. Defenders exhibited resilience, thwarting Holy Redeemer attacks with well-timed tackles and interceptions. Despite the intensity of the match, both teams exhibited admirable sportsmanship, fostering a positive atmosphere on the field.

The second encounter against Flyford Flavell witnessed Bowbrook House's unwavering determination to keep performing and hunting for goals. The players communicated effectively, coordinating their movements to maintain possession and create goal-scoring chances. In goal, Sam made crucial saves, displaying agility and confidence under pressure. Each player contributed to the team's cohesive performance, showcasing their commitment to the game and to each other.

In the final match against TDMS, Bowbrook House U11's continued to impress with their resilience and reluctance to stop playing until the final whistle. Midfielders controlled the tempo of the game, dictating play and distributing the ball with precision. Forwards exhibited creativity and tenacity, challenging TDMS's defence with swift attacks and direct dribbling. Defenders remained vigilant, anticipating TDMS's movements and effectively neutralizing their offensive threats.

Throughout the tournament, Bowbrook House U11's football team embodied the values of sportsmanship, determination, and teamwork. Their passion for the game was evident in every tackle, pass, and goal-scoring opportunity. Despite the challenges posed by their opponents, the young athletes remained resilient and focused, right up to the final whistle. Well done to all who took part.



U13's Football vs Kingham Hill

On a dry afternoon in the heart of the Cotswolds, Bowbrook House and Kingham Hill faced off in an exhilarating U13 football match at Kingham. The atmosphere was electrifying as both teams took to the field with determination and passion.



During the first half, Bowbrook House dominated the game with their strong attacking play. The first goal came from Olly H, who displayed exceptional skill and finesse in finding the back of the net. This was followed by a second goal from Toby B, who showcased his lethal finishing abilities. Harrison C added to Bowbrook's lead with a well-taken goal. Unfortunately, Kingham Hill's defence cracked under pressure and scored an own goal, ending the half 4-0 in favour of Bowbrook House.

As the second half kicked off, Bowbrook House made some strategic substitutions to maintain their momentum. Harrison C continued to shine on the field by scoring his second goal of the match, further extending Bowbrook's lead. However, Kingham Hill managed to break through Bowbrook's defence and score a late goal, denying Bowbrook a clean sheet.

In the end, Bowbrook House emerged victorious with a final score of 5-1. The players showcased excellent teamwork, skill, and sportsmanship throughout the match. Both teams displayed a competitive spirit and fought hard until the final whistle.

Overall, it was an exciting and entertaining match, with Bowbrook House demonstrating their strength and talent on the field. The players can be proud of their performance and should be commended for their hard work and dedication.

House Football & Netball

On Wednesday, all students from year 7 to 11 took place in the annual house football and netball competitions. Full of enthusiasm and confidence, the whole school looked forward to seeing who would be crowned champions in 2024.

The football event saw all students put their bodies on the line to try and get the victory over their classmates. There were some excellent pieces of attacking football shown, some brave



defending from a wide number of players, and huge levels of sportsmanship on display across all teams. On these rare occasions when we get all of the school together to participate in sport, it was fantastic to see our older students take some of the younger students under their 'wing' and guide them throughout the matches.



The annual House Netball competition took place on Wednesday afternoon, involving all girls from Year 7-11. Games had a duration of 10 minutes each way, testing teams' endurance. Blenheim had a strong start by winning 17-2 against Hastings, while Waterloo defeated Trafalgar 8-2 in a tight match. Blenheim continued their winning streak with an impressive 59 goal score. Hastings were impressive in their defence skills against Waterloo and came away with a 10-5 victory. There was great sportsmanship and team spirit among all houses.

The final results were: 1st Blenheim, 2nd Hastings, 3rd Waterloo, and 4th Trafalgar.



U14's Football vs Kingham Hill

The U14 football match between Bowbrook and Kingham Hill took place on a rainy Thursday afternoon, setting the stage for an intense and competitive game. In the first half, Bowbrook demonstrated their offensive prowess by scoring four goals that were netted by Charlie R, Olly H, Toby B, and Archie H, showcasing the team's diverse attacking abilities.

Despite Bowbrook's early lead, Kingham Hill displayed resilience and physicality, making it challenging for Bowbrook to maintain possession. Towards the end of the first half, Kingham Hill managed to break through Bowbrook's defence and score a goal from a well-executed free kick, giving them a glimmer of hope going into the second half.



The second half saw Bowbrook extending their lead with five additional goals, further solidifying their dominance on the field. Olly H scored his second goal of the match, showing his consistency in front of the goal. Cameron J showcased his skill by scoring from a free kick just inside Kingham's half, increasing Bowbrook's lead. Harrison C added to the scoreline with the seventh goal, while Cameron grabbed his second goal of the match. Toby B also got on the scoresheet with a late goal, bringing the final score to a resounding 9-1 victory for Bowbrook.

Overall, Bowbrook's performance in this U14 football match was commendable, demonstrating their strong teamwork and offensive capabilities. Despite facing physical opposition from Kingham Hill, Bowbrook remained composed and focused, ultimately securing a convincing win. Kingham Hill showed determination and resilience throughout the match but were unable to match Bowbrook's scoring prowess.

Congratulations to Bowbrook on their impressive performance and victory in this U14 football match. They should be proud of their efforts and continue to build on this success in future games.

U12's Netball vs Bredon



Thursday afternoon saw our U12's Netball team, take part in a thrilling match against a well-drilled, travelling Bredon team. From the first whistle, the girls set off to play in a fast-paced encounter displaying an array of netball skills and great deals of sportsmanship.

The Bowbrook team started strong in the first $\frac{1}{4}$ with an 8-2 lead. During the second and third $\frac{1}{4}$, the Bredon team slowly caught up. Tension was rising in the last $\frac{1}{4}$ as Bowbrook pulled away with a 12-11 win!

Everyone played well, the sportsmanship was impeccable.
Well done to Bea who earned a well-deserved player of the match.

Thank you to Aisha for providing the details of the fixture and summarising the game for this week's PE newsletter.

U13's Netball vs Bredon

The year 8 team started the match very strong. The morale amongst the team was high with team spirit 'through the roof'. The girls played strategically and confidently throughout the whole match displaying all of their netball skills well in a fast and furiously paced game.

Subs were brought on and off and people were switched around to play in different positions. Each person brought a positive impact from the side-line onto the pitch, with the changes made to positions highlighting the versatility of our young netballers.

Bredon put out a strong team, but this was no match for our U13 girls. We smashed the match out of the park with a 20-13 win. Well done to Bella for getting the player of the match, and well done to Daisy for getting stuck in on her Bowbrook House debut!



Sporting Success

Congratulations are in order for two Bowbrook students who, not only have been representing their school with pride, but have also been excelling in their respective sports outside of school.

Firstly, congratulations to Felicity in year 8. Felicity has previously qualified for the UK Indoor Athletics regional championships, representing Hereford and Worcestershire on Sunday. In the competition, she excelled in her events winning gold medals in both the vertical jump and 2 lap races. As a result of her athletics prowess, Felicity will now go on to represent the four counties at the Sportshall UK National Finals in April.

From athletics to skiing as congratulations are also in order for Cameron in year 9. An avid downhill skier, Cameron has been racing in the national schools outdoor (dry slope) league throughout the winter, representing Bowbrook. His commitment to skiing has been rewarded with him finishing in first place in his age category (U16 males) and now qualifying to compete in the national finals, held at the Gloucester Ski & Snowboard centre on the 26th April.

Congratulations to both Felicity and Cameron on your achievements and good luck from all of us at Bowbrook House with your upcoming national events.

Upcoming Fixtures:
Students should check the PE notice board to
see if they are involved in fixtures.

Monday 11 th March	Prep School House Football & Netball
Tuesday 12 th March	U12's Netball vs Kingham Hill (H)
	U13's Netball vs Kingham Hill (H)
Wednesday 13 th March	U16's Netball vs Kingham Hill (A)
Friday 22 nd March	Malta Trip Departs