

STAYING SAFE ONLINE



The Internet can be a very exciting place – being able to talk to your friends, play games, share photos, and watch videos. **On the other hand, you can also be putting yourself at risk.**

PHOTO'S / VIDEOS

You might enjoy taking photos of yourself, your family, your home and even your pets! But always ask permission before sharing a photo of someone else or their home.

TALKING ONLINE

It is great to be able to talk to your friends and family online, but you need to be aware of strangers who might try and contact you through the internet.

SOCIAL MEDIA

Social media is a good way to stay connected to friends, family as well as learn about new skills and hobbies. There is no rush to start social networking and there are plenty of other ways you can stay in touch with friends, chat, and game until you are ready to use them safely. If you are already using social network sites, make sure you are aware of the risks and what you can do to be safer.

PERSONAL INFORMATION

Never share any personal information online. This includes your full name, your address, your date of birth, the school you attend, any clubs you go to, your phone number or your username/password.

GAMING

Playing an online game with your friends can be great fun, but you should only play with people you know or trust. Always make sure you are playing a game that is for your age.



For more info
scan here





A parents and carers guide for: Supporting Children and Young People Online

Children and Young People are spending more time online and it can be confusing for us as adults. **Here are some top tips to keep your children safe online:**

Explore the internet together

Check you have your safety and privacy settings on

Teach your children about what information shouldn't be shared online

Encourage your children to show you what apps and websites they are accessing

Support your children in spotting the difference between real and fake news

Remind them of some key online safety rules

Have boundaries or set a family agreement for online use

Don't block access to all technology – teach children to use them safely instead

Balance screen time with no-screen time

Talk about how their own online actions can affect others



For more info scan here

