

PE Department News.

U12's Football vs St Edwards

In an action-packed afternoon of football, Bowbrook and Cheltenham St. Edwards faced off in a series of three highly competitive U12 matches at Cheltenham. Despite the freezing temperatures and icy pitches, the players put on a thrilling display of skill and determination.

The first match kicked off with both teams showing great energy and enthusiasm. Cheltenham St. Edwards quickly asserted their dominance, with some impressive passing and movement off the ball. Bowbrook fought hard, but St. Edwards' cohesive teamwork and sharp finishing led them to victory in the end.

The second game saw a determined Bowbrook side come out with a renewed sense of purpose. However, St. Edwards continued to showcase their attacking prowess with a win again although Alfie B. and Josh S. both found the back of the net.

In the final match, both teams left it all out on the field, displaying great determination and a never-say-die attitude. Despite their best efforts, Bowbrook ultimately fell short once again, with St. Edwards emerging victorious with a win.

The match was played on an astro 7-a-side pitch due to the frozen conditions, yet the players showcased impressive adaptability and skill throughout the games. Both teams should be commended for their hard work and sportsmanship, and the young athletes demonstrated great potential and talent. Well done.

U11's Football vs Holy Redeemer

The Bowbrook U11 football team faced a challenging match against Holy Redeemer on Monday, displaying commendable teamwork, improving football skills, and a well-taken goal by Sam. Despite their best efforts, the team succumbed to Holy Redeemer, who emerged victorious against the resilient Bowbrook team..

From the first whistle, the Bowbrook team showcased a development in football skills, with players passing the ball into space and moving across the field. Both individually and collectively, the team exhibited enhanced ball control, accurate passing, and a determined defensive effort. Ultimately, experience worked in Holy Redeemers favour as they found gaps behind the Bowbrook defence and worked the ball into attacking areas.

A standout moment for Bowbrook U11 came through a brilliantly executed goal by Sam. Sam's determination to follow up his tackles, put pressure on

the Holy Redeemer defence and put the ball into the back of the net, provided a positive spark in an otherwise challenging game.

While the final result may not have favoured the U11's, the match was a valuable learning experience for the younger players in the squad. The team's commitment to improvement and dedication to fostering a positive playing environment bodes well for their future encounters. As the season progresses, Bowbrook U11 can build on the positives observed in this match to further develop their skills and strive for success in upcoming fixtures.

U13's Football vs Heathfield

The U13 football match between Bowbrook and Heathfield took place at Heathfield on Thursday 25th January. Both teams put in a strong performance, resulting in a draw with a final score of 2-2.

Heathfield managed to score their first goal in the dying seconds of the first half, giving them a 1-0 lead going into the break. Despite this setback, Bowbrook showed resilience and determination, coming back strong in the second half.

With some good positional play and movement with the ball, Harrison C and Pasquale B managed to get on the scoresheet for Bowbrook. Their efforts helped the team level the score and stay in contention for the win.

Heathfield, however, struck again with another goal, putting them back level resulting in a hard-fought draw.

Overall, it was an exciting and competitive match, with both teams displaying skill and teamwork. The players showed great spirit and determination, and both teams can be proud of their performance.

ISA Midlands Cross Country

Bowbrook House School had a strong presence at the ISA Midlands cross country championships held in Bedstone on Wednesday 24th January. The school was well represented, with multiple runners competing across various age categories, from years 5 to 11. The challenging course, characterized by its undulating terrain and featuring 2 brook crossings on each lap, provided an exciting backdrop for the competition.

One of the standout performances of the day came from Harrison C, who demonstrated exceptional determination and skill as he maneuvered his way from 8th place to a highly commendable 5th place finish. His outstanding performance secured him a place on the Midlands team, allowing him the opportunity to represent the region at the upcoming national championships at Worksop College. This achievement is a testament to Harrison's hard work and dedication to the sport.

Luca D also delivered an impressive performance, pacing himself well throughout the race to secure a 16th place finish, just narrowly missing out on a qualifying position. Despite not qualifying, Luca's strategic approach to the race and strong finish showcased his potential as a talented cross-country runner.

Additionally, James L, in his first Midlands Cross Country event, put in a commendable effort and finished in 21st place, demonstrating determination and a positive competitive spirit.

Overall, Bowbrook House School's runners displayed excellent sportsmanship and resilience in the face of a challenging course and tough competition. The team's success and individual achievements are a reflection of their hard work, dedication, and the support provided by the school and staff. Congratulations to all the runners who represented the school at the championships, and best wishes to those who have earned selection for the upcoming national championships. Their performances have brought pride to the school and will serve as an inspiration to their peers.

Next Week's Fixtures:
Students should check the PE notice board to
see if they are involved in fixtures.

Monday 29th January
Tuesday 30th January

Wednesday 31st January
Thursday 1st February

U11's Football vs Heathfield (H)
County Schools Cross Country @ Bromsgrove School
Malta Parents Evening
GCSE Netball Moderation
U14's Football vs Kingham Hill (A)