

# **PE Department News.**

## **U14's Hockey vs Kingham Hill**

On Monday afternoon the U14 hockey team fought a long and hard battle against Kingham hill away. The girls fought hard from the first whistle and communicated with each other to help transition quickly between defence and attack. The match started strong with our defence being as strong as a brick wall and our attackers pushed their way up the pitch trying to earn themselves their first goal.

Team work and communication allowed for the girls to help each other out and drop back into defence when needed. Unfortunately, Kingham Hill managed to find the smallest cracks in our defence and pulled way with the score line making it a defeat for the Bowbrook team but with important lessons learnt around game management.

Well done to all who played in such a tough game with a special mention to Chloe who scored, Ellen who was complimented by the other team's coach, and Lucinda for doing a cracking job in goal.

## **ISA Midlands U15's Hockey Tournament**



Despite the rainfall over Monday evening and Tuesday, the Bowbrook girls took to the road to play in the ISA Midlands Hockey tournament at King's Warwick that had been rearranged from earlier in the year.

The first game was their strongest where they had kept a clean sheet for the whole of the first half. We used teamwork and communication to hold other teams away from our defensive circle but narrowly lost to strong King's team.

Our second game against Lichfield was another tough competition where the girls took their time to build into the match. A positive second half of this game with a goal being scored but again, the result fell away from the Bowbrook team.

Our final game was against Kingsley school. The girls gave everything in this game capitalising the advice that they were given by Miss Tait in their game play. Performance improved as this game progressed but the girls narrowly missed out on victory.

Overall the girls did a great job to secure 4th place. We had a wonderful time at the tournament and look forward to entering again next year. Well done to Lucinda, who was cracking all tournament in our goalkeeper position and to Sofia who was able to send balls flying into the D for our attackers to get on to.

I had a very positive and complimentary email from Miss Tait, saying how impressed she had been by all the girls in cold, wet and testing circumstances. Well done. Girls!

### House Events



As we approach the end of term, house events appear in the school calendar with all students being given the opportunity to participate and represent their school houses.

Wednesday was a very busy sporting day for the students in Bowbrook's Middle and Senior school with the house rugby and hockey tournaments. All students for



years 7 to 11 participated in their house matches exceptionally well with some good skills on display all around and some very positive experiences of taking part in intra-school competitions. The competitiveness and passion was incredible to see as the students all cheered for each other on the side lines, supported each other on the field and all demonstrating great sportsmanship and dedication to school sport.



Next week we will continue with the house competitions as we have the house cross country competition on Monday afternoon, followed the house 'Tug O War' event on Wednesday. Can all students please make sure they have the appropriate PE and Games kit with them for these events next week.

All of these events help build up for our final assembly on Thursday as winners are announced and trophies presented to house captains. Thank you in advance to all students who continue to participate in school sport with pride.

**Next Weeks Fixtures:**  
**Students should check the PE notice board to**  
**see if they are involved in fixtures.**

Monday 11<sup>th</sup> December  
Tuesday 12<sup>th</sup> December  
Wednesday 13<sup>th</sup> December

House Cross Country  
Y7&8 Girls Football @ TDMS  
House Tug O War