

PE Department News.

U11's Tag Rugby vs Bredon

On Monday our U11's Tag Rugby team took to the field in a rematch fixture vs Bredon. Coming into the game with a lot of confidence from the win previously in the year, the Bowbrook team wasted no time in getting ahead of their opposition.

In the first half Luke shone on the field as he quickly scored 3 tries in succession to start the game with a hat trick. The Bowbrook team, played the game in the right areas of the field, learning from previous games that the touch line can also be a defender, and displaying some quick sidestepping and running skills to keep Bredon under pressure. As the game continued, both sides began trading tries and tagging became the main focus point for the Bowbrook team.

The second half started strongly for the Bowbrook team who stretched their lead with more unanswered tries, this time from Sam, George and Oscar who all used the ball well to show dummies and run through gaps. This paired with

acrobatic and skilful tagging from Will and Leo saw the Bowbrook team halt the Bredon team in their pursuit of more scores.

As the end of the game approached, further pressure was applied from the Bowbrook team by Fabian, Adam and Jack, forcing errors from the Bredon side and eventually securing a victory for the Bowbrook side. Well done to all who played and showing great sportsmanship and pride on the field.



U11's Hockey vs Heathfield

In a thrilling U11 hockey encounter on Monday afternoon, Bowbrook faced off against Heathfield School, showcasing their prowess in four dynamic team combinations, each lasting 10 minutes. The initial quarter saw Bowbrook dominating but falling short on goals. However, they rallied in the second game, swiftly securing a score.

Rosalie Bolt's unwavering defensive efforts, marked by stellar clear-outs, anchored Bowbrook's resilience. Captain Harper Hartwell exhibited skillful attempts on goal, setting the tone for a spirited performance. As the match progressed, Bowbrook asserted their dominance, leading 3-0 by the third quarter.

Heathfield introduced their final team in a challenging phase, testing Bowbrook's mettle. Despite Heathfield scoring twice from outside the goal circle, Bowbrook held their



ground, responding with two additional goals. The final whistle blew with Bowbrook triumphant, securing a 5-3 win. A commendable display by the entire team – well played, girls!

U12's Rugby vs St Edwards

The U12's rugby team played their first fixture as a team on Thursday, facing a formidable opponent in St Edwards. Despite ending on the losing side, the match showcased the team's remarkable growth and development as the game progressed.



From the outset, both teams displayed commendable sportsmanship and enthusiasm on the field. St Edwards set an early pace with a series of well-executed plays, resulting in a lead on the scoreboard. However, as the game unfolded, Bowbrook House began to find their footing, particularly in their defensive efforts.

As the first half progressed, and the Bowbrook team gained confidence in the contact area, the St Edwards team were slowed significantly and Bowbrook began to get a foot in the game. Josh, exhibited powerful running and determination, contributing significantly to Bowbrook House's attacking threats and scoring two tries at the end of the first half.

The second half saw the Bowbrook team defending less and spending more time running with the ball. The boys worked well as a team to keep possession through phases, rucking well and keeping the ball. Along with this more pressure came from Bobby and James as they both increased their physicality. Bowbrook's last try was scored by Sam, playing a year up, who quickly dived onto the ball as it lay on the St Edwards try line.

As the match progressed, Bowbrook House showcased a growing physicality, challenging St Edwards more and more with high levels of resilience and determination. The team's cohesion and communication improved and they began to think more strategically about the game of rugby.

Although the final score favoured St Edwards, the Bowbrook House U12's team can take pride in their resilience, improved tackling, and have all learnt a valuable lesson on what it takes to play a game of rugby, laying the foundation for continued growth and success in future encounters. Well done boys.



Next Weeks Fixtures:

Students should check the PE notice board to see if they are involved in fixtures.

Monday 20 th November	U11's Hockey vs Holy Redeemer (H)
Tuesday 21 st November	U12's Rugby vs Kingham Hill (A) U9's Hockey vs Heathfield (A)
Wednesday 22 nd November	ISA Midlands U15's 10 a side rugby @ Worcester RFC U16's Netball vs Heathfield (H)
Thursday 23 rd November	U14's Rugby vs Bredon (H) U16's Hockey vs RGS Dodderhill (A)