

PE Department News.

U11's Tag Rugby vs Bredon

The Bowbrook U11's Tag Rugby team showcased their improvement from successive rugby fixtures this week in an exhilarating match against Bredon School on Monday afternoon. The young athletes demonstrated exceptional skill, teamwork, and sportsmanship, securing a well-deserved victory with a final score of 8 tries to 3.

From the first whistle, Bowbrook set the tone with their agile movements and strategic plays. The team's offensive line executed precise passes, showcasing excellent support play. Bredon School, however, displayed resilience, making it clear that this would be a competitive and spirited encounter.

The Bowbrook backline demonstrated exceptional speed and agility, creating numerous opportunities to break through Bredon's defensive line. The first try came early in the match, setting the stage for what would be a dominant performance. The team's scoring prowess was complemented by their quick, agile tagging, preventing Bredon School from gaining significant ground.

Bredon School fought valiantly, managing to secure three tries of their own, displaying their own set of skills and determination. The match, though competitive, was played in a spirit of camaraderie and fair play, with both teams respecting the rules and each other.

In the end, the final whistle blew, signalling a well-earned victory for Bowbrook U11's Tag Rugby team with a final score of 8 tries to 3. This match not only highlighted the skill and determination of both teams but also reinforced the values of sportsmanship and teamwork that are at the core of rugby's values. Bowbrook U11's Tag Rugby team can take pride in their cohesive performance and look forward to building on this success in future matches.



ISA Midlands Swimming @ Walsall

ISA Midlands Swimming Gala showcases exceptional talent and commitment at Walsall Baths

On Thursday 12th October, the highly anticipated ISA Midlands Swimming Gala took place at the Walsall Swimming Baths. The event saw a fierce

competition among year groups 7-11, with swimmers from renowned schools bringing their absolute best to the pool.

The gala featured a full event list of races to ensure a comprehensive display of skills and abilities. The level of enthusiasm and dedication from all participants was palpable.

Bowbrook School secured a series of impressive results across various age groups. The swimmers showcased unwavering determination, making their school proud.

Each race witnessed participants pushing themselves to the limit, leaving no stone unturned to achieve personal bests. It was a sight to behold as athletes demonstrated their proficient strokes, seamless turns, and agility in the water.

The atmosphere within the venue was electrifying, with cheers and applause resonating throughout the day. Supporters and fellow students rallied behind their respective teams, creating an infectious sense of camaraderie and sportsmanship. The Midlands Swimming Gala truly showcased the unity and spirit of the ISA community.

Despite the prevalent competitiveness, the emphasis on personal achievement and collective encouragement was evident. Swimmers from every participating school exuded utmost sportsmanship, celebrating each other's successes and offering support during moments of disappointment.

The ISA Midlands Swimming Gala at Walsall Baths was not only a showcase of swimming excellence but also a testament to the power of determination and teamwork. Each participant deserves recognition for their hard work, and it is through events like these that the spirit of healthy competition and camaraderie thrives.



Next Weeks Fixtures:

Students should check the PE notice board to see if they are involved in fixtures.

Monday 16th October
Tuesday 17th October

Primary Tag Rugby Festival @ Bowbrook
U11's Tag Rugby vs Tettenhall College (H)
District Cross Country @ Prince Henry's
ISA Midlands U15's Hockey @ King's Warwick

Friday 20th October