

French Exchange 2023

Hosting

Itinerary

- ▶ Monday, 8th May
- ▶ Arrive Bowbrook House School 18.00
- ▶ Tuesday; French students visit Cadbury and Stratford
- ▶ Wednesday; French students visit Bath
- ▶ Thursday; In school with English partners
- ▶ Friday, 12th May
- ▶ Departure from School 08.00

Meals

- ▶ Lunches; school canteen (with English partner)
 - ▶ or packed lunch from the family
- ▶ Packed lunch and drink for the journey home - in small bag
- ▶ Breakfast and evening meals; provided by the family
- ▶ Water / drink for each day

▶ Allergies / diet?

Medicines or illness

- ▶ Medicines will be handed in clearly labelled to Mme Dorangeville They will be handed to English parents and dosage explained by Mr Whittingham.
- ▶ Inhalers
- ▶ In case of illness Mr Whittingham will confer with the French teacher and parents and take the child for appropriate medical treatment

Contact numbers

- ▶ In case of upset or an emergency; 07516844468
 - ▶ French students should contact their French teachers using the numbers given to them in advance
 - ▶ Parents; please do not use this number unless in a real emergency

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Visit to Béthune

Itinerary Day 1

- ▶ Weds, 24th May
- ▶ Depart Bowbrook House School 07.30
- ▶ Tunnel crossing depart Folkestone 13.50
- ▶ Arrive Calais 15.25
- ▶ Arrive Béthune 17.00
- ▶ Meet partners
- ▶ Evening with families

Itinerary Day 2

- ▶ Thurs, 25th May
- ▶ Meet Collège St Vaast
- ▶ Morning Normal lessons with partners
- ▶ Lunch In college canteen
- ▶ Afternoon
 - ▶ Workshop
 - ▶ Walk to town centre
 - ▶ Visit shops
- ▶ Back to school; Evening with family

Itinerary Day 3

- ▶ Fri, 26th May
- ▶ Meet Collège St Vaast
- ▶ Morning Visit “La Coupole”
- ▶ Lunch Packed lunch provided by family
- ▶ Afternoon Visit “Maison du Marais”
- ▶ Back to school; Evening with family

Itinerary Day 4

- ▶ Sat, 27th May
- ▶ Day of leisure to be arranged by the French family

Itinerary Day 5

- ▶ Sun, 28th May
- ▶ Meet Collège St Vaast 08.30
- ▶ Depart Béthune 09.00
- ▶ Tunnel crossing depart Calais 11.20
- ▶ Arrive Folkestone 10.55
- ▶ Arrive Bowbrook House School 17.00

Money

- ▶ English money
 - ▶ for drinks and snacks on the journey there and back

▶ £20?

- ▶ French money
 - ▶ For souvenirs
 - ▶ Presents
 - ▶ Some daily snacks / drinks
- ▶ *Changed in advance*

▶ €100?

Clothes and other stuff to take

Clothes

- ▶ Warm, waterproof coat, hat
- ▶ Strong practical shoes
- ▶ Underwear (5 days)
- ▶ PE kit (in case of PE lesson - not school kit necessarily)
- ▶ Practical, casual clothes for 5 days
 - ▶ Most French teenagers wear jeans, trainers and a t-shirt with a sweater if cold
 - ▶ Short shorts or skirts, dolly shoes or heels are not advisable
- ▶ Swimwear (just in case)

Other practicalities

- ▶ Towel
- ▶ Toiletries
- ▶ Sun-tan lotion
- ▶ Small bag for the journey and trips out (packed lunch, drinks)
- ▶ Larger bag for clothes etc.(to go in trailer and not accessible during journey)
- ▶ Small present for family / partner

Meals

- ▶ Packed lunch and drink for the journey - in small bag
- ▶ Breakfast and evening meals; provided by the family
- ▶ Lunches; school canteen
 - ▶ or packed lunch from the family
- ▶ Allergies / diet?

Medicines or illness

- ▶ Medicines must be handed in clearly labelled to Mrs Heaume on the morning of our departure. They will be handed to the French parents and dosage explained by Mr Whittingham.
- ▶ This includes travel sickness tablets
- ▶ Inhalers
- ▶ In case of illness Mr Whittingham will confer with parents and take the child for appropriate medical treatment

Mobiles, communication, social media, electronic devices

- ▶ Mobile phones are allowed but at the owner's risk
- ▶ Communication with parents should be limited to what is strictly necessary
- ▶ Other devices are to be discouraged but...
- ▶ Social media contact with other students who are not on the trip IS NOT ALLOWED
- ▶ Students should keep mobile phones and input the emergency contact numbers.

Contact numbers

- ▶ Mr Whittingham will set up a text group using parent contact numbers currently on student files. This will be used to pass on any key information such as arrivals or delays etc.
- ▶ In case of upset or an emergency; 07516844468 or 07486023054
 - ▶ Students should contact their English teachers using one / both of the numbers above
 - ▶ Parents; please do not use these numbers unless in a real emergency