



BOWBROOK NEWSLETTER

Children's Mental Health Week in the Prep Department

To celebrate Children's Mental Health week, we are having a Curriculum Alive Day! The children will be partaking in a day full of activities looking at mindfulness; our emotions and our support network.

Infants

There were plenty of activities available during our Curriculum Alive Day, including making biscuits, creating bug hotels, sharing our feelings, creating 'Marvellous Me' plates and 'What Makes Us Grow' mobiles. They talked about what we can do to support our mental health.



Star of the Week!

N – Eretria for settling in well.

R – Adam for fantastic writing.

I1 – Sienna H for creating a super 'Marvellous Me' plate.

I2 – Aadil for super teamwork in Forest School.

J3 – Will for trying hard with his handwriting.

J4 – Cameron for improving his handwriting 100%.

5NS - Rosie for always working with 100% effort.

5KT/SW – Amelie for great geography homework and consistent hard work.

6SR – Toby for his conscientious attitude to all his school work.

Juniors

Our Juniors enjoyed their Curriculum Alive day, making dream catchers and creating their own support balloons.





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Children's Mental Health Week!

Throughout the school this week, we have been celebrating Mental Health Week with a range of activities, including: quizzes, mindfulness colouring, class conversations about feelings, crafts and creating posters. Our S11 School Council members created posters to be displayed in the Year 11 area, to enhance the education of our students and encourage them to be understanding and supportive for future generations.



Upcoming Events:

14/02/22 U11 Football V
Heathfield

16/02/22 U16 Netball V
Kingham Hill

16/02/22 U16 Football V
Arnold Lodge

17/02/22 U13/14 Football V
Heathfield

18/02/22 GCSE Hockey
Moderation

18/02/22 Break up for Spring
Half Term

28/02/22 Return to School



Thank you!

A big thank you to our Parents' Committee for the Valentines Disco which took place on Friday afternoon from the Prep School! It was thoroughly enjoyed by all!

Sporting Success!



The U11 Netball team dominated in their 14-1 win away to Heathfield on Monday! Congratulations to the girls on an outstanding team effort.

U9 Netball [Bowbrook 4 – 4 Heathfield], U16 1st VII [Kingham Hill 20 – 10 Bowbrook], U14 Football [Bowbrook 16 – 0 Bredon], U13 Netball A [Bowbrook 19 – 3 Arnold Lodge], U13 Netball B [Bowbrook 11 – 5 Arnold Lodge].

Please contact the school if required on 01905 841242 / 841843

www.bowbrookhouseschool.co.uk

Week Ending 11/02/2022