

PE and Games: A Guide to Clothing and Kit Requirements

All clothing and kit is available from school togs. Some Kit is a requirement for all students. There are some optional extras which all students can have and are listed at the very bottom of the document.

There are some variations within the age groups. Please look closely at the age group relevant to you below.

What is the difference between PE and Games?

- From Year 3, all pupils have PE lessons AND games lessons.
- PE follows the national curriculum for the most part and includes fitness, cross-country, basketball, general development in movement and skills, outdoor and adventurous activities and dance to name but a few.
- Games is for the practise, development and match preparation in team sports; football, rugby, hockey and netball.
- All summer sports use PE kit.

Nursery to Year 2

PE Kit only:

- ✓ Plain white polo T Shirt
- ✓ Plain white Shorts
- ✓ Plain white Socks
- ✓ Trainers
- ✓ Bowbrook Fleece Tracksuit
- ✓ Sun Hat
- ✓ Small Kit/Swim bag
- ✓ Plain Swimwear for lessons



Years 3 & 4

These are transitional years. Years 3 and 4 have two lessons a week and will experience both Games and PE activities at different points through the year.

If they have clothing and equipment from Year 2 that still fits then these are fine.

As they grow out of these then you will need to begin to purchase the items required as per year 5 below. We are not worried enormously about mixing and matching PE and Games kit at this age but:

- ✓ Boys will need football boots and shin pads.
- ✓ Girls will need shin pads and gumshield.
- ✓ Plain swimwear for lessons
- ✓ Long maroon hockey/football socks

Years 5 to 11

PE Kit – all students MUST have the following:

- ✓ White polo T-shirt
- ✓ Blue shorts or skort
- ✓ White socks
- ✓ Trainers



Games Kit – all students MUST have the following:

- ✓ White polo T-shirt (Girls) **GIRLS**
- ✓ Rugby top (Boys)
- ✓ Blue shorts or skort
- ✓ Long Maroon hockey/football Socks
- ✓ Trainers (Girls)
- ✓ Football Boots (Boys)
- ✓ Shin pads
- ✓ Gum shield



Boys



Additional requirements – **all** year 5-11 students must have:

- ✓ A games bag
- ✓ A tracksuit



Optional Extras available from School Togs:

